

Thursday	Friday	Saturday	Sunday
Week 1			
January 21	January 22	January 23	January 24
Materia Medica I 5:30pm-8:30pm Marcia Dixon	Herbal First Aid 5:30pm-8:30pm Marcia Dixon	Western Herbal Energetics 10am-1pm Marcia Dixon Materia Medica I 2pm-5pm Marcia Dixon	TCM Herbal Energetics 10am-5pm Reuven Freesman

Week 2			
January 28	January 29	January 30	January 31
Intro to Herbal Medicine 5:30pm-8:30pm James Christian	Practical Herbal Pharmacy 5:30pm-8:30pm James Christian	Intro to Herbal Medicine 10am-1pm James Christian Practical Herbal Pharmacy 2pm-5pm James Christian	TCM Herbal Energetics 10am-5pm Reuven Freesman

Week 3			
February 4	February 5	February 6	February 7
Materia Medica I 5:30pm-8:30pm Marcia Dixon	Herbal First Aid 5:30pm-8:30pm Marcia Dixon	Western Herbal Energetics 10am-5pm Marcia Dixon	Ayurvedic Herbal Energetics 10am-5pm Nikki Manzie

Week 4			
February 11	February 12	February 13	February 14
Intro to Herbal Medicine 5:30pm-8:30pm James Christian	Materia Medica I 5:30pm-8:30pm Marcia Dixon	Western Herbal Energetics 10am-1pm Marcia Dixon Practical Herbal Pharmacy 2pm-5pm James Christian	Ayurvedic Herbal Energetics 10am-5pm Nikki Manzie

Week 5			
February 18	February 19	February 20	February 21
Materia Medica I 5:30pm-8:30pm Marcia Dixon	Herbal First Aid 5:30pm-8:30pm Marcia Dixon	Western Herbal Energetics 10am-5pm Marcia Dixon	Aromatic Medicine 10am-6pm Anne Deleume Poirier

Thursday	Friday	Saturday	Sunday
Week 6			
February 25	February 26	February 27	February 28
Materia Medica I 5:30pm-8:30pm Marcia Dixon	Practical Herbal Pharmacy 5:30pm-8:30pm James Christian	Ethnobotany 10am-5pm Fiona Hamersley Chambers	Aromatic Medicine 10am-6pm Anne Deleume Poirier

Week 7			
March 4	March 5	March 6	March 7
Aromatic Medicine 5:30pm-8:30pm Anne Deleume Poirier	Aromatic Medicine 5:30pm-8:30pm Anne Deleume Poirier	Ethnobotany 10am-5pm Fiona Hamersley Chambers	Flower Essences 10am-5pm Sabina Pettitt

Week 8			
March 11	March 12	March 13	March 14
Materia Medica I 5:30pm-8:30pm Marcia Dixon	Herbal First Aid 5:30pm-8:30pm Marcia Dixon	Western Herbal Energetics 10am-1pm Marcia Dixon Materia Medica I 2pm-5pm Marcia Dixon	Practical Herbal Pharmacy 10am-5pm James Christian

Week 9			
March 18	March 19	March 20	March 21
Materia Medica I 5:30pm-8:30pm Marcia Dixon	Materia Medica I 5:30pm-8:30pm Marcia Dixon	Herbal Clinic 10am-1pm Marcia Dixon Practical Herbal Pharmacy 2pm-5pm James Christian	Flower Essences 10am-5pm Sabina Pettitt

Week 10			
March 25	March 26	March 27	March 28
Intro to Herbal Medicine 5:30pm-8:30pm James Christian	Materia Medica I 5:30pm-8:30pm Marcia Dixon	Herbal Clinic 10am-1pm Marcia Dixon Practical Herbal Pharmacy 2pm-5pm James Christian	Herb Walk 10am-5pm Marta Donovan

Thursday	Friday	Saturday	Sunday
Week 11			
April 1	April 2	April 3	April 4
Practical Herbal Pharmacy 5:30pm-8:30pm James Christian	Practical Herbal Pharmacy 5:30pm-8:30pm James Christian	Break	Break

Week 12			
April 8	April 9	April 10	April 11
Intro to Herbal Medicine 5:30pm-8:30pm James Christian	Materia Medica I 5:30pm-8:30pm Marcia Dixon	Herbal Clinic 10am-1pm Marcia Dixon Materia Medica I 2pm-5pm Marcia Dixon	Flower Essences 10am-5pm Sabina Pettitt

Week 13			
April 15	April 16	April 17	April 18
Practical Herbal Pharmacy 5:30pm-8:30pm James Christian	Materia Medica I 5:30pm-8:30pm Marcia Dixon	Practical Herbal Pharmacy 10am-1pm James Christian Intro to Herbal Medicine 2pm-5pm James Christian	Practical Herbal Pharmacy 10am-1pm James Christian Herb Walks 2pm-5pm Marta Donovan

Week 14			
April 22	April 23	April 24	April 25
Practical Herbal Pharmacy 5:30pm-8:30pm James Christian	Materia Medica I 5:30pm-8:30pm Marcia Dixon	Herbal Clinic 10am-1pm Marcia Dixon Practical Herbal Pharmacy 2pm-5pm James Christian	Herb Walks 10am-1pm Marta Donovan

Teaching Faculty

James Christian, BSc, MNIMH, RH Dean, School of Phytotherapy

James Christian earned a BSc in Phytotherapy (Herbal Medicine) from the College of Phytotherapy in the UK. He is the current President of the Modern and Traditional Herbalists Guild of BC and a Board Member of the Canadian Council of Herbalists Associations. He is also a member of the National Institute of Medical Herbalists (NIMH), the oldest Professional Organization of Herbalists in the World. James is Co-Director of Alembic Healing Arts Centre.

Program Total		
Practical Herbal Pharmacy*	45 hours	*Courses that directly transfer into Diploma of Phytotherapy program.
Materia Medica I*	45 hours	
Herbal Energetics*	45 hours	
Intro to Herbal Medicine	18 hours	
Flower Essences	18 hours	
Aromatic Medicine	21 hours	
Ethnobotany	12 hours	
Herbal Walk	12 hours	
Herbal First Aid*	12 hours	
Herbal Clinic	12 hours	
Total	240 hours	

Marcia Dixon, BSc, MSc

Marcia Dixon earned a BSc in Herbal Medicine from the College of Phytotherapy (recently incorporated into the University of East London) and completed Masters of Science in Herbal Medicine from the Scottish School of Herbal Medicine. She is a member of the National Institute of Medical Herbalists (NIMH) and the Ontario Herbalists Association (OHA). She is a part-time faculty member at Seneca College, teaching an introductory course in Herbal Medicine.

Marta Donovan, BSc, RPBio

Marta is a Registered Professional Biologist who currently works as a botanist in Victoria managing information on the status and distribution of rare plants in BC. She holds a BSc in Biology from the University of Victoria and a Diploma in Environmental Technology from Camosun College. Before moving to Victoria in 1987, Marta owned and operated one of Toronto's premier natural food markets.

Reuven Freesman, DTCM, TCMP

Reuven Freesman earned a Doctor of Traditional Chinese Medicine in Victoria, BC, and completed post-graduate training in Tianjin, China. Reuven has trained with many pre-eminent experts in the field of Chinese Medicine, including Dr. Michael Greenwood, Lonny Jarrett, Neil Gumenick and Dr. Fang Liu in Tianjin, China.

Fiona Hamersley Chambers, BA, MEds, MSc

Fiona has a Masters of Science in Environmental Change and Management from Oxford University and a Masters in Environmental Design from the University of Calgary. Spending many of her formative years in First Nations territory sparked her life-long interest in Ethnobotany. She has taught Environmental Studies at the University of Victoria since 1999, and currently divides her time between teaching, running a small organic farm and nursery in Metchosin, writing books and academic papers, working as a naturalist, and raising two energetic boys.

Nikki Manzie, BSc

Director, Diploma of Eastern Therapies and Bodywork program

Nikki Manzie is the Director of the Diploma of Eastern Therapies and Bodywork program at Pacific Rim College. She has a Bachelor of Science with Honours in Integrated Sciences, is a Certified Yoga Teacher, an Ayurvedic Medical practitioner and educator, and is trained as a Traditional Thai Massage teacher and practitioner.

Sabina Pettitt, DTCM

Sabina Pettitt is a Doctor of Traditional Chinese Medicine and the co-creator of Pacific Essences. Acknowledged internationally as a pioneer in the field of marrying the knowledge of these two fields of healing, Sabina teaches people how essences can be used to heal physical, emotional and mental disease and nourish Spirit simultaneously.

Anne Deleume Poirier, RA, OET

Anne is a Registered Aromatherapist and holds professional certifications as an Essential Oil Therapist, Aromatherapy Instructor, La Stone Therapist and Ear Coning Practitioner. For the last 14 years she has been at Arome Aromatherapy Studio in Victoria, BC.